

Thursday, 8 September									
Room	8.00-8.45	8.45-9.45	9.45-10.00	10.00-12.30	12.30-13.30	13.30-16.45	16.45-17.00	17.00-18.30	
The main hall	Inscription		B R E A K						
Aula (Faculty of Chemistry)		(1) Welcome Ceremony							
AULA (Faculty of Biology)					(2) Actifying exposures up and down, left and right, and back and front to dance with worries, fears, anxieties and obsessions (P. Zurita Ona) <u>workshop</u>				
Room: PARTER					(3) Acceptance and Commitment Therapy (ACT) – the first steps (R. Burian) <u>workshop</u>				
Room: A					(7.1) ACT Online and Virtual Reality applications (Brandolin et al., Gallego et al., Gorinelli et al., Keinonen et al.) <u>symposium</u>		(7.2) ACT mobile games and online interventions for children, adolescents, and parents (K. Keinonen et al., Lappalainen et al., T. Hämäläinen et al., R. Lappalainen et al.) <u>symposium</u>		
Room: B					(4) Zen is Good for Nothing (J. Martz) <u>workshop</u>				
Room: C							(39) Contextual Behavior Therapy to Reduce Sexual and Gender Minority Stress (M. Skinta)		
Room: Sala Rady Wydziału					(5) Embrace Uncertainty with Curiosity while ACTing (R. Steinkopff, M. Domurat) <u>workshop</u>				
Room: Sala Owalna					(6) Invitation to explore the “world of choices” (A. Meyer, A. Kossakowska) <u>workshop</u>		(8) How to use Creativity to Create Better Therapeutic Relationships (P. Gomes de Sousa Filho) <u>workshop</u>		
Room: A1									(10) Neuroanatomy of the emotions (A. Gonicka, D. Wojtalik, M. Grzesiak-Walczak, Z. Koźmiński, O. Blauth) <u>Extra Event</u>
Room: A2						L U N C H	(9) Marzenie o kompetencji. Czy można skutecznie pomagać i przestać się nim ograniczać? (K. Ambroziak, D. Sigh) <u>Workshop PL</u>		(11) OSTEOLAB: Reading the bones (M. Krenz-Niedabła, A. Walczak) <u>Extra Event</u>
Room: 0.72									(12): Get to know your BODY COMPOSITION (E. Bryl, P. Szcześniewska) <u>Extra Event</u>
Natural History Collection						B R E A K			(13) Animals as a source of fear and pleasant experience - what does our attitude depend on? (Sz. Konwerski) <u>Extra Event</u>
Room: Z1									(14) Fear has big spiders' eyes (P. Szymkowiak, Da. Szymański, Do. Szymański, A; Rzepecki) <u>Extra Event</u>
Room: Z2									(15) See your own DNA (N. Ryczek, A. Łyś) <u>Extra Event</u>

Friday, 9 September																	
Room	8.00-9.00	9.00-9.45	9.45-10.30	10.30-10.45	10.45-12.30	12.30-13.30	13.30-15.00	15.00-15.15	15.15-16.00	16.00-16.45	16.45-17.00	17.00-18.30	18.30-19.30				
Aula (Faculty of Chemistry)		(19) Digital Acceptance and Commitment Therapy for Health Behavior Change (Maria Karekla) Keynote Lecture	(20) Gender, Sexual Orientation, and the new Politics of Exclusion (Mathew Skinta) Keynote Lecture	B R E A K	(21) Ukraine space: ACTowe doświadczenie w pracy z elastycznością psychologiczną w dobie wojny hybrydowej (O. Martsyniak-Dorosh), (A. Smetana), (M. Mykolaychuk) Symposium	L U N C H B R E A K	(25) Promoting University Students' wellbeing through University Services and Teaching (A. Lichtenberg et al.), (P. Rasanen et al.), (A. Gallego et al.), (P. Rasanen et al.) Symposium	B R E A K	(30) The neurodevelopmental impact of extreme neglect in early childhood (Edmund Sonuga-Barke) Keynote Lecture	(31) David Sloane Wilson Keynote Lecture	B R E A K	(32) Matthew Skinta, Maria Karekla, Edmund Sonuga-Barke, David Sloane Wilson, Beate Ebert Panel					
Main Hall																(33.1) Poster presentation	
Room: PARTER							(22) Things you always wanted to know about psychedelic-assisted therapy, but were afraid to ask: A CBS introduction (M. Funke, M. Skinta, B. Kleszcz) Workshop										
Room: B	(16) Meditation (J. Martz) Morning Activity									(26) Relacja terapeutyczna w ACT (A. Wroczyńska, H. Malinowska-Wikaryjczyk) Workshop PL							
Room: C							(23) Teaching human behavior as an interdisciplinary theme: integrating concepts of contextual behavioral science in K-12 education (S. Hanisch, D. Eirdosh) Workshop			(27) Evolving schools, minds, and societies: community-based approaches for school improvement (D. Eirdosh, S. Hanisch) Workshop							(33.2) „ACT in der Klinik“ SIG Meeting
Room: Sala Rady Wydziału	(17) A lesson in Awareness Through Movement (Feldenkrais method) (J. Mattes) Morning Activity						(24) The gift of anger in the therapeutic alliance (C. Zandru) Workshop										(33.3) „Impact #Gesellschaft #Mitwelt #Klima“ SIG Meeting
Room: Sala Owalna	(18) Back to myself - mindful movement workshop + performance (M. Mak-Jeszka) Morning Activity						(28) Virtual Reality applications in Research and Clinical Settings (A. Gallego, S. Gorinelli) Workshop			(29) Acceptance and Commitment Therapy (ACT) for chronic pain (R. Burian) Workshop							(33.4) „SELF-HELP Plus (SH+)“ SIG Meeting
Room: MA																	(33.5) „ACT KJP“ SIG Meeting
Room: L																	(33.6) „FOHO - Forschung und Hochschule“ SIG Meeting
Room: KP																	(33.7) "Körper und Bewegung" SIG Meeting
Room: A1																	(10) Neuroanatomy of the emotions Extra Event
Room: A2																	(11) OSTEOLAB: Reading the bones Extra Event
Room: 0.72																	(12) Get to know your BODY COMPOSITION Extra Event
Natural History Collection													(13) Animals as a source of fear and pleasant experience - what does our attitude depend on? Extra Event				

Room: Z1												(14) Fear has big spiders' eyes Extra Event
Room: Z2												(15) See your own DNA Extra Event

Saturday, 10 September												
Room	8.00-9.00	9.00-10.30	10.30-10.45	10.45-12.30	12.30-13.30	13.30-15.00	15.00-15.15	15.15-16.45	16.45-17.00	17.00-18.30	18.30-19.30	20.00-22.00
The main hall			BREAK									(50) Follies
AULA (Faculty of Biology)						(41) Cha cha cha: Striving, perfectionism, and high-achieving actions: all together without losing one's self (P. Zurita Ona) <u>Workshop</u>						
Room: PARTER		(35) Help, my client used psychedelics! Introduction to psychedelics and psychedelic integration (B. Kleszcz M. Skinta, M. Funke) <u>Workshop</u>										
Room: A		(36) Inspiration and Connection: Young Researchers Present and Discuss their Projects (M. Karekla, L. Baran, R. Burian). <i>Part I CBS research on different clinical groups</i> : J. Celban, A. Bolbeth et al., J. Topczewski, <i>Part II: CBS research on different interventions and processes</i> : N. Bergmann et al., I. Hahne et al, T. Gąsior, N. Hajok <u>Symposium</u>			L U N C H B R E A K	(42) W labiryncie relacji terapeutycznej (M. Domurat, K. Ambroziak) <u>Workshop PL</u>				(45) ACBSPolska General Member Meeting		
Room: B	(16) Meditation (J. Martz) <u>Morning Activity</u>	(37) The process of transforming pain (B. A. Kossakowska, S. Sanida) <u>Workshop</u>				(43) ACT duchowości (H. Czapala, O. Salamon) <u>Workshop PL</u>						
Room: C						(34) Jak wspierać osoby trasplciowe i niebinarne (J. Topczewski) <u>Workshop PL</u>						
Room: Sala Rady Wydziału	(17) A lesson in Awareness Through Movement (Feldenkrais method) (J. Mattes) <u>Morning Activity</u>	(38) ACTywować trzeźwość. Wykorzystanie ACT w uzależnieniach od substancji (J. Gawrońska) <u>Workshop PL</u>						B R E A K			(47) DGKV Member Meeting	
Room: Sala Owalna	(18) Back to myself - mindful movement workshop + performance (M. Mak-Jeszka) <u>Morning Activity</u>					(44) Process Based Case Conceptualization for Cravings and Addictive Behaviors (Maria Karekla) <u>Workshop</u>					(48) Fappy Hour	
Room: A1		(40) The monster by the wayside - colorful new paths in psychotherapy (M. C. Dekoj, A. Adamiuk, A. Kohl) <u>Workshop</u>										
Room: A2			BREAK			(46) Self compassion: Practical tools for practioners (P. Suchanek) <u>Workshop</u>						

Sunday, 11 September						
Room	8.00-9.00	9.00-10.30	10.30-10.45	10.45-12.15	12.15-13.00	13:00-13:15
Aula (Faculty of Biology)		(50) Applications of ACT: 1. Building bridges between process-Based CBT and art therapy – preliminary ideas and reflections (M. Hyla), 2. Musicians' psychological functioning in the context of psychological flexibility model. A mixed-method study (M. Chełkowska-Zacharewicz, L. Baran), 3. Zastosowanie Terapii Akceptacji i Zaangażowania w obszarze seksualności (J. Bilarzewska), 4. Terapeutyczne łąpy. Dogoterapia w zaburzeniach ze spektrum autyzmu. Przegląd badań oraz badania własne (M. Mak, Ł. Skryplonek, K. Wietrzyński) <u>Lectures</u>	B R E A K	(52) ACT w kontekście społecznym: 1. Wpływ wojny hybrydowej na wartości człowieka (O. Martsyniak-Dorosh), 2. Antropologia biblijno – chrześcijańska, podstawą pracy terapeutycznej z osobą o światopoglądzie chrześcijańskim (O. Salamon, H. Czupała), 3. ACTYwizm open-access: aktywizacja i elastyczność psychologiczna. Przykład działalności ACBS (J. Gawrońska, J. Pankau) <u>Lectures</u>	L U N C H & S A N D W I C H E S	(55) Closing Ceremony
Room: PARTER		(51) Science Award / Wissenschaftspreis Vorträge (in German)		(53) Philosophy of ACT: 1. Medytacje stoickie. Filozofia starożytnej Grecji i Rzymu i ACT (K. Ambroziak), 2. Against Dogmatic Anti-Dogmatism (J. Mattes) <u>Lectures</u>		
Room: A		(54) Myśl jak behawiorysta. Podstawy filozoficzne ACT (B. Kleszcz, J. Grodniewicz)				
Room: B	(16) Meditation (J. Martz) <u>Morning Activity</u>					
Room: Sala Rady Wydziału	(17) A lesson in Awareness Through Movement (Feldenkrais method) (J. Mattes) <u>Morning Activity</u>					